

# BUILDING BLOCKS FOR HEALTHY RELATIONSHIPS



## Reading Plan

### WEEK 1

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#### UNITY

1. GENESIS 37:1-20
2. PSALM 86
3. JOHN 17
4. 1 CORINTHIANS 1:10-17
5. EPHESIANS 4:1-7

### WEEK 2

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#### SERVE TO BUILD

1. JOSHUA 24:24-28
2. PSALM 100
3. MATTHEW 25:37-49
4. 1 CORINTHIANS 12
5. EPHESIANS 4:8-13

### WEEK 3

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#### SPEAK TRUTH IN LOVE

1. 2 SAMUEL 12
2. PSALM 119:41-48
3. JOHN 4:1-26
4. ROMANS 1:18-32 / 2 JOHN
5. EPHESIANS 4:14-16

### WEEK 4

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#### ATTITUDE IS EVERYTHING

1. JOSHUA 24:24-28
2. PSALM 100
3. MATTHEW 25:37-49
4. 1 CORINTHIANS 12
5. EPHESIANS 4:8-13

## WEEK 5

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### AUTHENTICITY

1. GENESIS 20:1-28
2. PSALM 42
3. JOHN 14:1-7
4. ACTS 5:1-11
5. EPHESIANS 4:25 /  
PROVERBS 19:1

## WEEK 6

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### AVOID ANGER

1. GENESIS 4:1-16
2. PSALM 37
3. MATTHEW 5:21-26
4. JAMES 1:19-27
5. EPHESIANS 4:26-27

## WEEK 7

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### DO YOUR PART

1. MALACHI 3:6-15
2. PSALM 127
3. MATTHEW 6:19-24
4. 2 CORINTHIANS 9
5. EPHESIANS 4:28

## WEEK 8

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### WHOLESOME WORDS

1. JEREMIAH 23:9-40
2. PSALM 141
3. MATTHEW 15:10-18
4. JAMES 3:1-12
5. EPHESIANS 4:29



## WEEK 9

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### FORGIVENESS

1. GENESIS 50:15-21
2. PSALM 103
3. MATTHEW 18:21-35
4. COLOSSIANS 3:12-17
5. EPHESIANS 4:30-5:2

## WEEK 10

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### MORAL PURITY

1. GENESIS 3
2. PSALM 119:1-16
3. HEBREWS 4:14-5:10
4. 1 PETER 1:13-25
5. EPHESIANS 5:3-14

## WEEK 11

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### SPIRIT FILLED RELATIONSHIPS

1. EZEKIEL 36:16-38
2. PSALM 143
3. GALATIANS 5:16-26
4. JOHN 14:15-31
5. EPHESIANS 5:15-21

